



課 綱 Course Outline

諮商與臨床心理學系碩士班諮商心理學組

中文課程名稱 Course Name in Chinese	青少年心理諮商研究				
英文課程名稱 Course Name in English	Seminar in Adolescent Counseling				
科目代碼 Course Code	CP_51000	班 別 Degree	碩士班 Master's		
修別 Type	選修 Elective	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite					
課程目標 Course Objectives					
本課程採問題導向模式教學法 (Problem-Based Learning, PBL)，本課程設計以青少年案例為待解決之 "問題"，修課同學將透過解決"問題"的過程中，獲得對青少年心理諮商議題的知識及技能，修課學生建議先有基礎諮商輔導訓練					
系教育目標 Dept.'s Education Objectives					
1	開發處境學習場域，厚植專業素養。 The department will train students to have a good knowledge of psychology and help to place them in settings to practice this knowledge.				
2	整合心理學多元領域，進而兼具科學家與實務者的實踐能力。 The department will train students to integrate different psychological theories which will help them to achieve at both the academic and professional settings.				
3	人文關懷與知識社群的建構，落實終生學習態度。 The department will seek to enhance social awareness and knowledge and contribute to lifetime learning.				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作。 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.'s Education Objectives	
A	應用專業知能瞭解現象與問題解決的能力 Students should be able to apply their professional abilities to understand situations arising in the course of their work and to solve problems.			●	

B	公民關懷與倫理思考的能力 Students should develop their social awareness as well as engage in ethical thinking.	●
C	生涯規劃與自我發展的能力 Students should be able to plan their professional and academic endeavors.	
D	傾聽、統整與溝通合作的能力 Students should have the ability to integrate their thoughts and disseminate them well	●
E	正向與創新的能 Students should have the ability to innovate and do critical thinking.	●

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
Course Outline

1. 青少年助人工作者的角色與倫理
2. 青少年助人工作者的責任與相關法律
3. 青少年案例適用的理論基礎與技巧
4. 青少年議題
 - 中輟生的生涯與生命意義
 - 校園霸凌行為的處遇及學校諮商人員的定位
 - 青少年暴力行為及幫派議題
 - 與虞犯少年的助人工作
 - 青少年生涯與自我認同
 - 家暴與性侵的加害與受害者

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議
Course Requirements and Suggested Teaching Methods

本課程以講授方式進行，輔以課堂討論和實務演練。

其他
Miscellaneous