



課 綱 Course Outline
體育與運動科學系學士班

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| 中文課程名稱 Course Name in Chinese | 運動專題講座 | | | | |
| 英文課程名稱 Course Name in English | Lectures in Special Topics on Sport | | | | |
| 科目代碼 Course Code | PE__5492Z | 班 別 Degree | 學士班 Bachelor' s | | |
| 修別 Type | 學程 Program | 學分數 Credit(s) | 2.0 | 時 數 Hour(s) | 2.0 |
| 先修課程 Prerequisite | | | | | |
| 課程目標 Course Objectives | | | | | |
| <ol style="list-style-type: none"> 1. 提供運動科學與體育教育專業知識。 2. 運動科學與體育教育專題討論與實務分析。 3. 增進運動科學與體育教育研究領域能力。 4. 培養運動科學與體育教育問題之分析與解決能力。 | | | | | |
| 系教育目標 Dept.' s Education Objectives | | | | | |
| 1 | 培養兼具人文與科學素養的優質體育師資。 Bring up high-quality physical education teachers with both humanities and science literacy. | | | | |
| 2 | 培養專業化之運動科研人才。 Bring up personnel specialized sports science talents | | | | |
| 3 | 培養運動與健康促進之專業人才。 Bring up professional talented person with sport health and advance | | | | |
| 系專業能力 Basic Learning Outcomes | | | | 課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives | |
| A | 具備體育教學、運動技能指導及實務專項運動訓練的專業知識與能力 Have physical education, sports skills instruction and practice specific sports training expertise and capabilities. | | | | |
| B | 具備體育行政、運動及活動規劃管理的能力。 Have the administrative capacity planning and management of sports and sports activities. | | | | |
| C | 具備運動科學研究的理論知識 Have theoretical knowledge of sports science. | | | | |

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| D | 具備健康體適能、運動處方及運動傷害處置的專業知能。 Have health-related fitness, exercise prescription and sports injury professional knowledge disposal skills. | |
| 圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated | | |
| 課程大綱 Course Outline | | |
| 1. 運動賞析 2. 運動選材 3. 運動生涯管理 4. 運動心理學 5. 運動訓練學 6. 運動技術分析 | | |
| 資源需求評估（師資專長之聘任、儀器設備的配合．．．等） Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.) | | |
| 課程要求和教學方式之建議 Course Requirements and Suggested Teaching Methods | | |
| 期末考成績 Final Exam 50% 作業成績 Homework and/or Assignments 50% | | |
| 其他 Miscellaneous | | |
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