



課 綱 Course Outline
體育與運動科學系學士班

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| 中文課程名稱 Course Name in Chinese | 輔導原理與實務 | | | | |
| 英文課程名稱 Course Name in English | Counseling Principles and Practice | | | | |
| 科目代碼 Course Code | PE__32540 | 班 別 Degree | 學士班 Bachelor' s | | |
| 修別 Type | 學程 Program | 學分數 Credit(s) | 2.0 | 時 數 Hour(s) | 2.0 |
| 先修課程 Prerequisite | | | | | |
| 課程目標 Course Objectives | | | | | |
| 系教育目標 Dept.' s Education Objectives | | | | | |
| 1 | 培養兼具人文與科學素養的優質體育師資。 Bring up high-quality physical education teachers with both humanities and science literacy. | | | | |
| 2 | 培養專業化之運動科研人才。 Bring up personnel specialized sports science talents | | | | |
| 3 | 培養運動與健康促進之專業人才。 Bring up professional talented person with sport health and advance | | | | |
| 系專業能力 Basic Learning Outcomes | | | | 課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives | |
| A | 具備體育教學、運動技能指導及實務專項運動訓練的專業知識與能力 Have physical education, sports skills instruction and practice specific sports training expertise and capabilities. | | | ● | |
| B | 具備體育行政、運動及活動規劃管理的能力。 Have the administrative capacity planning and management of sports and sports activities. | | | ● | |
| C | 具備運動科學研究的理論知識 Have theoretical knowledge of sports science. | | | ● | |
| D | 具備健康體適能、運動處方及運動傷害處置的專業知能。 Have health-related fitness, exercise prescription and sports injury professional knowledge disposal skills. | | | ● | |

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱

Course Outline

學校輔導工作自民國57年九年國民義務教育實施以來，已奠定深厚的實務基礎與研究，並為亞洲學校事務工作之典範。然社會環境與科技通訊發展迅速，人的基本生存問題也有了很大的變化，有志從事教育工作者，應知輔導工作的內涵並在變動的世代中與時俱進，因此，本課程即從學生輔導法之立法精神與規範認識學校輔導工作，學習與了解基本的輔導原理、當前教育政策關心的輔導工作議題。

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）

Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議

Course Requirements and Suggested Teaching Methods

其他

Miscellaneous