



課 綱 Course Outline
特殊教育學系學士班

中文課程名稱 Course Name in Chinese	生活管理				
英文課程名稱 Course Name in English	Life Managing				
科目代碼 Course Code	SPE_22530	班 別 Degree	學士班 Bachelor' s		
修別 Type	學程 Program	學分數 Credit(s)	2.0	時 數 Hour(s)	2.0
先修課程 Prerequisite					
課程目標 Course Objectives					
1.瞭解生活管理之意義與重要性。 2.瞭解生活管理之課程模式與內容。 3.瞭解生活管理之評量與訓練方法。 4.瞭解生活輔具之意義與類型。					
系教育目標 Dept.' s Education Objectives					
1	培育優質的特殊教育師資。 To cultivate remarkable special education teachers				
2	培育創新且傑出的特殊教育學術研究人才 To cultivate innovation and outstanding special education academic research talents				
3	培育優良的輔助科技人才。 To cultivate excellent assistive technology professionals.				
4	培育理論與實務兼具的特殊教育相關產業人才。 To foster principle and practice special education related area professionals.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	具備特殊教育理論與實務的探究素養 To demonstrate having principle and practice investigation literacy in special education.				

B	具備特殊需求學生潛能發展與學習需求的教育知能與素養 To demonstrate having educational knowledge and literacy in potential development and learning needs for students with special needs.	○
C	具備特殊需求學生之評量與教學素養 To demonstrate having assessment and teaching literacy for students with special needs.	
D	具備特殊需求學生輔助科技教學設計與應用知能 To demonstrate having assistive technology teaching design and application knowledge for students with special needs.	
E	具備特殊需求學生正向學習環境與適性輔導知能與素養 To demonstrate having positive learning environment and adaptive counseling knowledge literacy for students with special needs.	
F	具備特殊教育專業倫理認知與實踐素養 To demonstrate having ethical and practical literacy in special education.	

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
Course Outline

1. 促使智能障礙者變成獨立自主的個體。
2. 促使個體具有較為多的選擇。
3. 一旦個體具有較好的居家和社區生活能力時，父母或家人的負擔則相對地減低。
4. 自幼訓練其生活自理能力，培養良好的基本生活習慣，為其塑造人格發展的完美雛型，奠定人生入世的穩固基礎。
5. 生活自理能力與基本生活習慣的培養是培育健全人格的起點工作。
6. 一旦智能障礙者習得良好的生活自理能力，不僅可以減低父母之負荷，進而變成一個獨立自主且具有較多選擇權之個體，以及成為社會的造福者與生產者。

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議
Course Requirements and Suggested Teaching Methods

其他
Miscellaneous