



課 綱 Course Outline  
師資培育中心中等教育

中文課程名稱 Course Name in Chinese	中等健康與體育領域體育專長教學實習1				
英文課程名稱 Course Name in English	Instructional Practice of Physical Education for Health and Physical Education Area in Secondary School 1				
科目代碼 Course Code	EP__22490	班 別 Degree	學士班 Bachelor' s		
修別 Type	必修 Required	學分數 Credit(s)	2.0	時 數 Hour(s)	2.0
先修課程 Prerequisite					
課程目標 Course Objectives					
教學實習主要立基在師資培育專業課程的修課基礎上，透過到實習學校的教學觀摩／見習、備課（教學設計／教案撰寫）、試教／教課、省思／議課的過程，獲取國高中多領域的教學理論與實務的整合經驗。進而練習教師甄試試教及應徵教師的個人簡介撰寫，熟悉教甄活動。					
師培中心教育目標 Education Objectives					
1	培育優質專業師資。 Training quality and professional teachers				
2	培育多元視野師資。 Training multiple vision teachers				
3	培育關懷弱勢師資 Training teachers care disadvantaged minority				
4	培育終身學習師資。 Training teachers do lifetime learning				
核心能力 Basic Learning Outcomes				課程目標與核心能力 相關性 Correlation between Course Objectives and Basic Learning Outcomes	
A	具備關懷與熱忱教育理念與實務應用的素養 Students embrace concepts of caring and enthusiastic educational which they can apply in practice.				
B	具備發展學習者需求課程及多元適性評量的素養 Students can develop curricula and multiple adaptive assessment types to meet learners' needs.				●

C	具備建立正向學習與適性輔導的素養 Students are able to establish positive learning and engage in adaptive counseling.	●
D	具備並認同實踐教師專業倫理的素養 Students can both recognize and practice teacher professional ethics.	
E	具備科技創新、跨域視野、社會責任、終身學習的素養 Students engage in technological innovation, interdisciplinarity, social responsibility, and lifelong learning.	●

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱  
Course Outline

1. 教學實習的理論模式（修課、教學觀摩／見習、備課、試教／教課、省思／議課。
2. 教學觀摩／見習的方法與記錄報告。
3. 備課與教學活動設計（教案撰寫）。
4. 微試教（教甄試教）。
5. 實地試教。
6. 省思／議課的方法。
7. 建構教學風格。
8. 應徵教師的個人簡介撰寫。

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）  
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

1. 微型教學教室
2. 採專科知識教師與教學法教師協同教學方式

課程要求和教學方式之建議  
Course Requirements and Suggested Teaching Methods

1. 教案寫作
2. 假試教
3. 教學心得交換
4. 微型教學
5. 假試教評鑑

其他  
Miscellaneous