## ②国玄東華大學

## 課 綱 Course Outline 體育與運動科學系碩士在職專班

	超月六七年	<i>7</i> 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	-110/1/1/2/2			
中文課程名稱 Course Name in Chinese	運動教練心理學專題	研究				
英文課程名稱 Course Name in English	Psychology of Coach	Psychology of Coaching Sports				
科目代碼 Course Code	PE5466Z	班 別 Degree	Mas	碩專班 Master's program		
修別 Type	選修 Elective	學分數 Credit(s)	2. 0	時 數 Hour(s)	2. 0	
先修課程 Prerequisite				,		
	Cou	課程目標 rse Objectives				
3. 協助教練瞭解競技	為與選手間互動關係。 支運動的心理面向。 Dept.'s B	系教育目標 Education Objec	tives			
1 To cultivate	l然科學與人文社會之人。 talents with expertise d social sciences.		atural scienc	es of sports	and the	
' '''' ' '	具實務能力之運動科學人名 sports science profess lls.	•	th theoretica	ıl knowledge a	and	
3 To enhance the	以學術能力為基礎,增進體育教師之專業成長。 To enhance the professional development of physical education teachers based on academic competence.					
系專業能力 Basic Learning Outcomes		課程目標 力相關性 Correlat between Objective	ion Course			
日肚蜜和石孙不					Education	
A To possess aca	中學與人文社會科學之學術 ademic research capabi ports and the humaniti	lities in both			•	
具備體育運動專	享業領域之實踐能力。	.1 .	1 ( 11 (			

To possess practical capabilities in the professional field of

physical education and sports.

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	具備運動學理與體育實務應用之能力。	_				
C	To possess the ability to apply sports theory and physical					
	education practices.					
	具備體育教學專業能力。					
D	To possess professional competencies in physical education	$\bigcirc$				
	teaching.					
圖示說明Illustration : ● 高度相關 Highly correlated ○中度相關 Moderately correlated						
課程大綱						
Course Outline						
1. 瞭解教練須具備的能力						
2. 瞭解教練與選手間互動關係						
3. 如何有效指導並協助運動員提升競技實力與表現						
4. 如何協助運動員生涯規劃與發展						
5. 校外實際教學						
	資源需求評估(師資專長之聘任、儀器設備的配合・・・等)					
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)						
課程要求和教學方式之建議						
Course Requirements and Suggested Teaching Methods						
其他						
Miscellaneous						