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②國玄東華大學

課 網 Course Outline 縱谷跨域書院學士學位學程學士班

	派 5	九子工子位于	127 202				
中文課程名稱 Course Name in Chinese	茶道生活與太極拳法	茶道生活與太極拳法					
英文課程名稱 Course Name in English	Tea Life and Taichi	Tea Life and Taichi Method					
科目代碼 Course Code	RVIS20150	班 別 Degree	學士班 Bachelor's				
修別 Type	學程 Program	學分數 Credit(s)	5.0 時數 Hour(s) 2.0		2. 0		
先修課程 Prerequisite							
課程目標 Course Objectives							
2. 藉由太極拳,鍛。 3. 藉由茶道與太極 s 靈敏探索的智 Intellectual freedom of the part of the par	Dept.'s Ed : 保有思維的靈活與自由 knowledge of sensitive inking, cultivate rich 或:保有視野的遼闊與深刻 empathic emotion: to k vic responsibility.	虚實相生的哲 系教育目標 lucation Object ,培養豐厚的 exploration: academic lite ,培養利他的公 eep the bread	ctives 学理素養。 to keep the fl racy. 公民責任。 th and depth c	exibility a	nd		
3 Be firm as a	图若磐石的企圖:保有態度的誠摯與積極,培養永續的生涯目標。 Be firm as a rock: to keep a sincere and positive attitude, cultivate a sustainable career goal.						
4 Ceaseless eff	忘:保有人格的獨特與完整 ort of self-improvement cultivate innovative so	: keep the un	iqueness and i	integrity of			
	系專業能力 Basic Learning Ou	tcomes		力相關性 Correlat between Objectiv	ion Course es and Education		
	生省察的心靈體驗 Self: spiritual experie	ences with int	ernal		0		

inspection

В	博學:具備跨域視野的教育理念 Study Extensively: one's own educational philosophy with a cross domain perspective	0			
С	C 審問:具備嚴謹研討的問學精神 Enquire Prudently: learning spirit with rigorous discussion				
D	慎思:具備獨立思考的論證素養 Reflect Carefully: demonstration literacy based on independent thinking				
Е	明辨:具備辨別真相的專業知識 Discriminate Clearly: expertise which can identify the truth				
F	篤行:具備社會實踐的生命熱忱 Practice Earnestly: social practice from great enthusiasm for life				
圖	圖示說明Illustration :● 高度相關 Highly correlated ○中度相關 Moderately correlated				
課程大綱 Course Outline					
2. 2 3. 4 4. 3 5. 3 6. 7. 8 9. 1	 認識茶文化 學習茶葉相關知識 學習泡茶的技法 茶席美感表現 菜會主題設計 認識傳統武術之內家拳 腿法與椿法訓練 楊太極拳 內修八卦掌 昆吾劍術 				
1.	資源需求評估(師資專長之聘任、儀器設備的配合···等) Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.) 1. 中式泡茶器具、煮水器具、茶桌椅與周邊配備。(三人一組為佳,一組最多以四人為限。)				
2.	2. 木劍(一人一把。)				

課程要求和教學方式之建議 Course Requirements and Suggested Teaching Methods

> 其他 Miscellaneous

3. 拳法教學需有開闊空間。

理論講授配合茶道與拳法、劍術實際演練進行。