



課 綱 Course Outline

諮商與臨床心理學系碩士班諮商心理學組

中文課程名稱 Course Name in Chinese	敘事治療研究				
英文課程名稱 Course Name in English	Seminar in Narrative Therapy				
科目代碼 Course Code	CP__56400	班 別 Degree	碩士班 Master' s		
修別 Type	選修 Elective	學分數 Credit(s)	3. 0	時 數 Hour(s)	3. 0
先修課程 Prerequisite					
課程目標 Course Objectives					
1. 本課程主要探討後現代主義潮流下，社會建構思想對心理學發展及心理諮商應用的影響，以啟發研究生具脈絡化思考能力，對各項生活議題進行反思。 2. 了解「故事」如何蘊涵生命意義。課程中將會進行個人生命故事敘說以產生對話和理解後，再學習敘事治療的理論技術。 2. 研習社會建構派為基礎之敘事治療實作。					
系教育目標 Dept.' s Education Objectives					
1	開發處境學習場域，厚植專業素養。 The department will train students to have a good knowledge of psychology and help to place them in settings to practice this knowledge.				
2	整合心理學多元領域，進而兼具科學家與實務者的實踐能力。 The department will train students to integrate different psychological theories which will help them to achieve at both the academic and professional settings.				
3	人文關懷與知識社群的建構，落實終生學習態度。 The department will seek to enhance social awareness and knowledge and contribute to lifetime learning.				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作。 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	

A	應用專業知能瞭解現象與問題解決的能力 Students should be able to apply their professional abilities to understand situations arising in the course of their work and to solve problems.	
B	公民關懷與倫理思考的能力 Students should develop their social awareness as well as engage in ethical thinking.	
C	生涯規劃與自我發展的能力 Students should be able to plan their professional and academic endeavors.	
D	傾聽、統整與溝通合作的能力 Students should have the ability to integrate their thoughts and disseminate them well	
E	正向與創新的能 Students should have the ability to innovate and do critical thinking.	

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
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1. 一代宗師(生命為何不可承受之輕)
2. 認識柴可夫斯基
3. 風櫃來的人議題：
4. 同理心是應然還是實然？
The Social constructionist movement in modern psychology (Gergen 1985)、後現代的諮商與輔導(陳志賢，1998)。
5. Narrative and therapy: An introduction for counselors (Payne, 2006/2008): (1) Ideas informing narrative therapy. (2)Assisting the person to describe the problem.
6. Narrative and psychotherapy: (1)Narrative knowing: the nature and function of storytelling. (2)個人敘說與評析-1。)/(Morgan, 2008: ch1)
7. Narrative and psychotherapy: (1)Constructivist narrative therapy. (2)個人敘說與評析-2。)/(Morgan, 2008: ch2)
8. The process of narrative therapy: (1) Strategies for the retrieval of meaning. (2)個人敘說與評析-3。
9. Externalizing Conversations/外化對話 (White, 2007: ch1)/(Morgan, 2008: ch 3, 4, 5)
10. Re-Authoring Conversations/重寫對話 (White, 2007: ch2)/)/(Morgan, 2008: ch6, 7)
11. Re-Membering Conversations/重組對話 (White, 2007: ch3)/(Morgan, 2008: ch 9)
12. Definitional Ceremonies/儀式的定義 (White, 2007: ch4)/(Morgan, 2008: ch12)
13. Conversations That Highlight Unique Outcomes/特殊事件的義意 (White, 2007: ch5))/(Morgan, 2008: ch7, 8)
14. Scaffolding Conversations/鷹架對話 (White, 2007: ch6)/)/(Morgan, 2008: ch13, 14)

資源需求評估(師資專長之聘任、儀器設備的配合．．．等)
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議

Course Requirements and Suggested Teaching Methods
1. 平時成績：含不定時點名及課堂參與情形的主觀評估，如到課表現是否良好且積極參與討論課程，佔 15%
2. 作業成績：
(1)分組課堂簡報及帶動討論，佔 15%
(2)重寫個人故事與省察，佔 35%
(3)個案陪伴故事的省察與回映，佔 35%
其他 Miscellaneous