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②國玄東華大學

課 網 Course Outline

體育與運動科學系學士班

中文課程名稱 Course Name in Chinese		籃球					
英文課程名稱 Course Name in English		Basketball					
科目代碼 Course Code		PE22900	班 別 Degree]	學士班 Bachelor's		
修別 Type		學程 Program	學分數 Credit(s)	1.0	時 數 Hour(s)	2. 0	
先修課程 Prerequisite					·		
課程目標							
			e Objectives				
提昇學生對籃球教學方法的認識及技巧之提昇。 培養籃球運動能力,且具備基礎動作操作的能力與觀念。							
占有	实监外迁别彤 刀,且		7 四 既忍。 《教育目標				
Dept.'s Education Objectives							
1	培養兼具人文與科學素養的優質體育師資。 To cultivate high-quality physical education teachers with both humanistic and scientific literacy.						
2	培養專業化之運動科研人才。 To cultivate specialized professionals in sports science research.						
3	培養運動與健康促進之專業人才。 To cultivate professionals in sports and health promotion.						
	課程目標與系專業能 力相關性 系專業能力 Correlation between Course					ion	
Basic Learning Outcomes Objectives and Dept.'s Educat Objectives					es and Education		
A	具備體育教學的專業知識與能力。 To possess professional knowledge and competencies in physical education teaching.						
В	具備運動技能示範與指導的專業知識與能力。 To possess professional knowledge and competencies in demonstrating and instructing sports skills.v						
С	具備健康體適能、運動處方及運動傷害處置的專業知能。 To possess professional knowledge in health-related physical fitness, exercise prescription, and sports injury management.						

D	具備運動科學研究的理論知識。 To possess theoretical knowledge in sports science research.	
Е	具備專項運動訓練的知識與實務經驗。 To possess knowledge and practical experience in specialized sports training.	
F	具備體育行政與運動管理的能力。 To possess competencies in physical education administration and sports management.	
G	具備休閒運動規劃與行銷的能力。 To possess competencies in recreational sports planning and marketing.	

圖示說明Illustration : ● 高度相關 Highly correlated ○中度相關 Moderately correlated

課程大綱 Course Outline

- 1課程內容介紹
- 2-7個人進攻
- 8-9 個人防守
- 10 基本動作
- 11兩人進攻
- 12停課一次(校慶運動會)
- 13 兩人防守
- 14 兩人防守的綜合練習與測驗
- 15-16 三人進攻
- 17三人防守的綜合練習
- 18綜合練習與測驗

資源需求評估(師資專長之聘任、儀器設備的配合・・・等)

Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

籃球50顆、球場三面

課程要求和教學方式之建議

Course Requirements and Suggested Teaching Methods

- 1. 教師課程講解。
- 2. 分組技能操作。

其他

Miscellaneous

無