



課 綱 Course Outline

諮商與臨床心理學系碩士班諮商心理學組

中文課程名稱 Course Name in Chinese	人格心理學研究				
英文課程名稱 Course Name in English	Seminar in Personality Psychology				
科目代碼 Course Code	CP__55100	班 別 Degree	碩士班 Master' s		
修別 Type	選修 Elective	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite					
課程目標 Course Objectives					
1. 使學生進深研習並應用人格心理學知識，提昇諮商與輔導效能。 2. 探討當前重要人格心理學專題。 3. 認識人格發展與異常問題					
系教育目標 Dept.' s Education Objectives					
1	開發處境學習場域，厚植專業素養。 The department will train students to have a good knowledge of psychology and help to place them in settings to practice this knowledge.				
2	整合心理學多元領域，進而兼具科學家與實務者的實踐能力。 The department will train students to integrate different psychological theories which will help them to achieve at both the academic and professional settings.				
3	人文關懷與知識社群的建構，落實終生學習態度。 The department will seek to enhance social awareness and knowledge and contribute to lifetime learning.				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作。 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	應用專業知能瞭解現象與問題解決的能力 Students should be able to apply their professional abilities to understand situations arising in the course of their work and to solve problems.			●	

B	公民關懷與倫理思考的能力 Students should develop their social awareness as well as engage in ethical thinking.	
C	生涯規劃與自我發展的能力 Students should be able to plan their professional and academic endeavors.	○
D	傾聽、統整與溝通合作的能力 Students should have the ability to integrate their thoughts and disseminate them well	○
E	正向與創新的能 Students should have the ability to innovate and do critical thinking.	

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
Course Outline

- (一) 緒論：
1. 人格的意義
 2. 人格理論之主要概念
 3. 人格的研究方法
- (二) 人格心理學理論
1. 精神分析 (Freud) 與新精神分析學派 (Horney, Sullivan)
 2. 人本與現象學派 (Laing, Fromm)
 3. 認知行為學派 (Kelly, Rotter,)
 4. 特質取向 (Allport, Eysenck)
- (三) 文化人類學人格理論 (或華人人格專題)
- (四) 人格疾患專題：邊緣型人格、解離性身份疾患、強迫型人格；衰弱型人格、妄想型人格、憂鬱型人格、自戀型人格、類分裂型人格等

資源需求評估 (師資專長之聘任、儀器設備的配合...等)
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

多媒體教學設備

課程要求和教學方式之建議
Course Requirements and Suggested Teaching Methods

本課程以講授方式進行，輔以課堂討論、期刊閱讀和個案研討。

其他
Miscellaneous