## ②国玄東華大學

## 課 網 Course Outline

## 體育與運動科學系碩士班

中文課程名稱 Course Name in Chinese  Ghinese								
英文課程名稱 Course Name in English		Scientific Principle of Conditioning						
科目代碼 Course Code		PE54700	班 別 Degree	碩士班 Master's				
修別 Type		選修 Elective	學分數 Credit(s)	3. 0	時 數 Hour(s)	3. 0		
先修課程 Prerequisite								
課程目標								
Course Objectives								
<ul><li>(一)瞭解運動訓練之專業知識與技術</li><li>(二)熟悉運動訓練介入研究之撰寫</li></ul>								
系教育目標 Dept.'s Education Objectives								
1	培育學、術科的體育運動研究人才。 To cultivate research talents in academic and practical disciplines of physical education and sports.							
2	做 H							
3	担从海和牧车的蛐车工办户权的年冬。							
4	以在地關懷及國際化視野為基礎,創造體育運動學術之貢獻。 To contribute to the academic field of sports through local engagement and a global perspective.							
糸專業能力				力相關性 Correlat	Correlation			
Basic Learning Outcomes				Objectiv Dept.'s	between Course Objectives and Dept.'s Education Objectives			
A	具備專業領域之學術研究能力。 To possess academic research capabilities in specialized fields.				0			
В	具備學術知能及實務研究之能力。 To possess both academic knowledge and practical research capabilities.					•		

С	具備體育運動研究發展之能力。 To possess the capability for research and development in physical education and sports.	0					
	1 2						
	具備體育本土化及國際化之視野。						
D	To possess a localized and globalized perspective in physical						
	education.						
圖示說明Illustration : ● 高度相關 Highly correlated ○中度相關 Moderately correlated							
課程大綱							
Course Outline							
透過教師講授的方式帶領學生瞭解運動心理訓練之理論與實務介入。並讓學生透過文獻閱讀與研究							
計畫撰寫,熟悉運動訓練的實驗設計與研究架構。使學生能在實務與研究上皆能有所學習。							
資源需求評估(師資專長之聘任、儀器設備的配合・・・等)							
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)							
課程要求和教學方式之建議							
Course Requirements and Suggested Teaching Methods							
其他							
Miscellaneous							