



課 綱 Course Outline

體育與運動科學系碩士在職專班

中文課程名稱 Course Name in Chinese	適應體育教學研究				
英文課程名稱 Course Name in English	Studies in Adapted Physical Education				
科目代碼 Course Code	PE__5300Z	班 別 Degree	碩專班 Master' s program		
修別 Type	選修 Elective	學分數 Credit(s)	2.0	時 數 Hour(s)	2.0
先修課程 Prerequisite					
課程目標 Course Objectives					
1. 認識身心障礙與全人健康。 2. 瞭解身心障礙個別差異與教學個案探討，提供適性體育教學策略。 3. 瞭解身心障礙的體育活動與休閒活動趨勢。 4. 瞭解身心障礙課程發展與教學動作發展。					
系教育目標 Dept.' s Education Objectives					
1	培養兼具運動自然科學與人文社會之人才。 To cultivate talents with expertise in both the natural sciences of sports and the humanities and social sciences.				
2	培育兼具學理與實務能力之運動科學人才。 To cultivate sports science professionals with both theoretical knowledge and practical skills.				
3	以學術能力為基礎，增進體育教師之專業成長。 To enhance the professional development of physical education teachers based on academic competence.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	具備運動自然科學與人文社會科學之學術研究能力。 To possess academic research capabilities in both the natural sciences of sports and the humanities and social sciences.				
B	具備體育運動專業領域之實踐能力。 To possesspractical capabilities in the professional field of physical education and sports.				

C	具備運動學理與體育實務應用之能力。 To possess the ability to apply sports theory and physical education practices.	
D	具備體育教學專業能力。 To possess professional competencies in physical education teaching.	
圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated		
課程大綱 Course Outline		
1. Concepts of disabled types and the history of disability 2. Humanistic Theories 3. Disabled categories & characteristics-Mental Retardation physical education teaching strategies for Mental retardation 4. Disabled categories & characteristics-Hearing Impairment physical education teaching strategies for Hearing Impairment 5. Disabled categories & characteristics-Visual impairment physical education teaching strategies for Visual impairment		
資源需求評估（師資專長之聘任、儀器設備的配合．．．等） Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)		
課程要求和教學方式之建議 Course Requirements and Suggested Teaching Methods		
其他 Miscellaneous		