



課 綱 Course Outline  
通識教育中心學士班

|                                                                                                                                                                |                                                                |                  |                    |                                                                                    |     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|------------------|--------------------|------------------------------------------------------------------------------------|-----|
| 中文課程名稱<br>Course Name in Chinese                                                                                                                               | 愛情心理學                                                          |                  |                    |                                                                                    |     |
| 英文課程名稱<br>Course Name in English                                                                                                                               | Psychology of Love                                             |                  |                    |                                                                                    |     |
| 科目代碼<br>Course Code                                                                                                                                            | GC__67660                                                      | 班 別<br>Degree    | 學士班<br>Bachelor' s |                                                                                    |     |
| 修別<br>Type                                                                                                                                                     | 選修<br>Elective                                                 | 學分數<br>Credit(s) | 2.0                | 時 數<br>Hour(s)                                                                     | 2.0 |
| 先修課程<br>Prerequisite                                                                                                                                           |                                                                |                  |                    |                                                                                    |     |
| 課程目標<br>Course Objectives                                                                                                                                      |                                                                |                  |                    |                                                                                    |     |
| 本課程以心理學相關理論與研究為基礎，以授課、分組討論、影片賞析等形式，帶領學生從多元角度探討愛情的各個面向，包括愛情的發展階段、各種形式的愛情與內涵、愛情裡的自我意象、關係的經營與表達等，學生修習之後不僅能心理、社會文化的觀點理解愛情，更藉課程討論與作業中，理解自身的自我價值與愛情觀，並學會經營及告別愛情的健康模式 |                                                                |                  |                    |                                                                                    |     |
| (校)教育目標<br>Objectives of General Education                                                                                                                     |                                                                |                  |                    |                                                                                    |     |
| 1                                                                                                                                                              | 在地關懷與全球視野<br>Develop domestic and global perspectives          |                  |                    |                                                                                    |     |
| 2                                                                                                                                                              | 人文素養與科學知識<br>Achieve humanistic values and scientific literacy |                  |                    |                                                                                    |     |
| 3                                                                                                                                                              | 全人健康與永續創新<br>Holistic Wellness and Sustainable Innovation      |                  |                    |                                                                                    |     |
| (校)核心能力<br>Learning Outcomes                                                                                                                                   |                                                                |                  |                    | 課程目標與校核心能力相關性<br>Correlation between Course Objectives and Basic Learning Outcomes |     |
| A                                                                                                                                                              | 自主學習與創新思考<br>Autonomous Learning and Creative Thinking         |                  |                    | ○                                                                                  |     |
| B                                                                                                                                                              | 康健身心<br>Physical Fitness and Mental Balance                    |                  |                    | ●                                                                                  |     |
| C                                                                                                                                                              | 互動、溝通與解決問題<br>Interactive Communication and Problem Solving    |                  |                    | ●                                                                                  |     |
| D                                                                                                                                                              | 情藝美感<br>Artistic Feeling and Aesthetic Perception              |                  |                    | ●                                                                                  |     |

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|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---|
| E                                                                                                                     | 文化素養與尊重差異<br>Cultural Literacy and Respect for Differences | ● |
| F                                                                                                                     | 在地關懷與公民責任<br>Local Commitment and Civic Responsibility     | ○ |
| 圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated                                                |                                                            |   |
| 課程大綱<br>Course Outline                                                                                                |                                                            |   |
| 多元角度探討愛情的各個面向：包括愛情的發展階段、各種形式的愛情與內涵、愛情裡的自我意象、關係的经营與表達                                                                  |                                                            |   |
| 資源需求評估（師資專長之聘任、儀器設備的配合．．．等）<br>Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.) |                                                            |   |
| 投影設備、麥克風<br>相關影片                                                                                                      |                                                            |   |
| 課程要求和教學方式之建議<br>Course Requirements and Suggested Teaching Methods                                                    |                                                            |   |
| 1.                                                                                                                    | 課程全程參與                                                     |   |
| 2.                                                                                                                    | 分組討論                                                       |   |
| 3.                                                                                                                    | 影片賞析                                                       |   |
| 4.                                                                                                                    | 期中報考                                                       |   |
| 5.                                                                                                                    | 期末考                                                        |   |
| 其他<br>Miscellaneous                                                                                                   |                                                            |   |
|                                                                                                                       |                                                            |   |