



課 綱 Course Outline
幼兒教育學系碩士班

中文課程名稱 Course Name in Chinese	幼兒體能研究				
英文課程名稱 Course Name in English	Research on Physical Education for Young Children				
科目代碼 Course Code	ECE_53210	班 別 Degree	碩士班 Master' s		
修別 Type	選修 Elective	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite					
課程目標 Course Objectives					
1探索幼兒體能領域的內涵與內容。 2思考幼兒體能領域的教學與研發。 3檢視幼兒體能領域的實施與困。					
※本課程融入永續發展目標(SDGs)： 3. 良好健康和福祉；4. 優質教育。					
系教育目標 Dept.' s Education Objectives					
1	培養具備幼兒教保理論與實務素養之人才 To cultivate theory and practice in early childhood educare professional personnel				
2	培養了解本土與國際幼兒教保相關研析之人才 To cultivate professionals who understand local and global perspectives and related research in early childhood educare professional personnel				
3	培養優質的幼兒教保學術研析人才 To cultivate high-quality educare research professional personnel				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	具備幼兒教保專業的進階知能 To demonstrate the advanced knowledge of theory in early childhood educare				●
B	具備幼兒教保相關問題解決的能力 To demonstrate problem solving ability in early childhood educare				●

C	具備幼兒教保團隊合作的能力 To demonstrate team cooperation ability in early childhood educate	●
D	具備幼兒教保面向的本土關懷及國際視野之能力 To demonstrate the ability of local and global perspectives in early childhood educate	●

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
Course Outline

1. 透過幼兒體能領域的理論探索、文獻研讀讓學習者清楚明瞭幼兒體能在幼兒成長上的實質意涵和積極功能。
2. 藉由幼兒體能領域的案例分析，課程規劃則讓學習者明確掌握幼兒體能教學的實施原則和設計能力，最後經由實務操作和創意開發更讓學習者具備幼兒體能領域教學的實際技巧能力和檢視修正能力，從而培養幼兒體能領域更多課程研發和教學實務的可能性和創造性。

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

請參閱教學計畫表

課程要求和教學方式之建議
Course Requirements and Suggested Teaching Methods

本課程以講授方式進行，輔以課堂討論及報告

其他
Miscellaneous