



課 綱 Course Outline  
諮商與臨床心理學系學士班

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| 中文課程名稱<br>Course Name in Chinese                  | 婚姻與家庭  |                  |                    |  |     |
| 英文課程名稱<br>Course Name in English                  | Marriage and Family  |                  |                    |  |     |
| 科目代碼<br>Course Code                               | CP__40900  | 班 別<br>Degree    | 學士班<br>Bachelor' s |  |     |
| 修別<br>Type  | 學程<br>Program  | 學分數<br>Credit(s) | 3.0                | 時 數<br>Hour(s)   | 3.0 |
| 先修課程<br>Prerequisite                              | 無  |                  |                    |  |     |
| 課程目標<br>Course Objectives                         |  |                  |                    |  |     |
| 使學生了解婚姻與家庭的本質與發展，及其與個人行為的互動影響，期使預備日後婚姻與家庭生活有良好適應。 |  |                  |                    |  |     |
| 系教育目標<br>Dept.'s Education Objectives             |  |                  |                    |  |     |
| 1   | 培養人文與科學並重的心理學基礎知識，進而活化應用並解決問題<br>The department will train students to have a basic knowledge of psychology both in the humanities and the sciences; students will be able to apply their knowledge critically |                  |                    |  |     |
| 2   | 儲備助人的心理專業人力，並培養持續進修的人才，養成終身學習態度<br>The department will focus professional training as well as lifetime education.  |                  |                    |  |     |
| 3   | 以學生的表現能力為核心，提升社會服務與公民實踐的涵養。<br>The department will focus on the students' ability to communicate and will promote their ability to provide social services   |                  |                    |  |     |
| 4   | 拓展多元文化與國際視野，促進人類社會的尊重與合作<br>The department will help students to expand their global and multicultural thinking.   |                  |                    |  |     |
| 系專業能力<br>Basic Learning Outcomes                  |  |                  |                    | 課程目標與系專業能力相關性<br>Correlation between Course Objectives and Dept.' s Education Objectives |     |
| A   | 應用專業知能瞭解現象與問題解決的基本能力。<br>Students should be able to apply their professional abilities to understand situations arising during the course of their work as well as to solve problems.                          |                  |                    | ●  |     |

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| B | 公民關懷與倫理思考的能力。<br>Students should develop their social awareness and ethical thinking.                | ● |
| C | 生涯規劃與自我發展的能力。<br>Students should be able to plan their professional and academic endeavors.          | ● |
| D | 傾聽、統整與溝通合作的能力。<br>Students should have the ability to integrate their thoughts and disseminate them. | ● |
| E | 正向與創新的能力。<br>Students should have the ability to innovate and to do critical thinking.               | ○ |

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

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| 課程大綱<br>Course Outline   |  |
| 一、探討青年期由戀愛到婚姻的任務發展與議題，包括戀愛與婚姻、單身到結婚、同居或結婚、兩性溝通、同居與分居。<br>二、探討婚姻與家庭良好適應的準備，以及現行社會中婚姻與家庭的困難與解決，包括性別角色、親子關係、工作與家庭、家庭危機處理、外遇與離婚、社會文化價值的影響。 |  |
| 資源需求評估（師資專長之聘任、儀器設備的配合．．．等）<br>Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)                  |  |
| 課程要求和教學方式之建議<br>Course Requirements and Suggested Teaching Methods   |  |
| 本課程以講授方式進行，輔以課堂討論  |  |
| 其他<br>Miscellaneous  |  |
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