



課 綱 Course Outline

諮商與臨床心理學系學士班

中文課程名稱 Course Name in Chinese	團體諮商				
英文課程名稱 Course Name in English	Group Counseling				
科目代碼 Course Code	CP__30000	班 別 Degree	學士班 Bachelor' s		
修別 Type	學程 Program	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite	諮商理論與				
課程目標 Course Objectives					
一、增進對團體諮商理論貢獻的瞭解 二、增進對團體諮商理論技術的瞭解 三、增進對團體諮商理論之倫理、運作過程的瞭					
系教育目標 Dept.' s Education Objectives					
1	培養人文與科學並重的心理學基礎知識，進而活化應用並解決問題 The department will train students to have a basic knowledge of psychology both in the humanities and the sciences; students will be able to apply their knowledge critically				
2	儲備助人的心理專業人力，並培養持續進修的人才，養成終身學習態度 The department will focus professional training as well as lifetime education.				
3	以學生的表現能力為核心，提升社會服務與公民實踐的涵養。 The department will focus on the students' ability to communicate and will promote their ability to provide social services				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	應用專業知能瞭解現象與問題解決的基本能力。 Students should be able to apply their professional abilities to understand situations arising during the course of their work as well as to solve problems.			●	

B	公民關懷與倫理思考的能力。 Students should develop their social awareness and ethical thinking.	●
C	生涯規劃與自我發展的能力。 Students should be able to plan their professional and academic endeavors.	●
D	傾聽、統整與溝通合作的能力。 Students should have the ability to integrate their thoughts and disseminate them.	●
E	正向與創新的能力。 Students should have the ability to innovate and to do critical thinking.	○

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱 Course Outline

- 一、治療因子
- 二、團體的領導風格
- 三、團體領導的技術
- 四、團體領導的專業議題
- 五、團體的初期發展
- 六、團體的中期發展
- 七、團體的末期發展
- 八、倫理議題
- 九、團體的各種形式
- 十、心理劇
- 十一、多元文化議題

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議 Course Requirements and Suggested Teaching Methods

本課程以講授方式進行，輔以課堂討論。

其他 Miscellaneous