



課 綱 Course Outline

諮商與臨床心理學系學士班

中文課程名稱 Course Name in Chinese	老人心理學				
英文課程名稱 Course Name in English	An Introduction to Geriatric Psychology				
科目代碼 Course Code	CP__23400	班 別 Degree	學士班 Bachelor' s		
修別 Type	學程 Program	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite					
課程目標 Course Objectives					
Help students understand the mutual interactions between physical, neurological, social and emotional aspects of old age. and generally point to how these interactions can be evaluated and addressed.					
系教育目標 Dept.' s Education Objectives					
1	培養人文與科學並重的心理學基礎知識，進而活化應用並解決問題 The department will train students to have a basic knowledge of psychology both in the humanities and the sciences; students will be able to apply their knowledge critically				
2	儲備助人的心理專業人力，並培養持續進修的人才，養成終身學習態度 The department will focus professional training as well as lifetime education.				
3	以學生的表現能力為核心，提升社會服務與公民實踐的涵養。 The department will focus on the students' ability to communicate and will promote their ability to provide social services				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives	
A	應用專業知能瞭解現象與問題解決的基本能力。 Students should be able to apply their professional abilities to understand situations arising during the course of their work as well as to solve problems.			●	

B	公民關懷與倫理思考的能力。 Students should develop their social awareness and ethical thinking.	●
C	生涯規劃與自我發展的能力。 Students should be able to plan their professional and academic endeavors.	●
D	傾聽、統整與溝通合作的能力。 Students should have the ability to integrate their thoughts and disseminate them.	○
E	正向與創新的能力。 Students should have the ability to innovate and to do critical thinking.	○

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

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1. Course introduction; watch "On Golden Pond" (Hepburn and Fonda, 109 min, multi-generational interactions)
2. Issues in geri-psych (Text 2 - Ch 1 Conceptual History [of Aging] in the Nineteenth Century, Text 2 - Ch.13: Chronological and Functional Aging, 65-67;)
3. Physical changes (Text 1 - Ch. 1: Physiology and Pathology of Aging)
4. Neurological changes: (Text 1: Physiology and Pathology of Aging)
5. First quiz; watch "Ikiru" (Kurusawa, 143 min, positive change late in life)
6. Text 3: Ch. 3 The sociology of ageing
7. Text 1: Ch 10 Late-life Depression
8. Text 1: Ch 25: Late-life Personality Disorders
9. Text 1: Ch. 17: Delirium in Older Adults
- 10 Text 2: Ch. 13 Successful Aging
11. Text 1: Ch. 8 Psychotherapy in Late Life
12. At-home caregiving Text 1: Ch 34: Caregiver Burnout, Ch. 35 Geriatric Telepsychiatry: Opportunities, Models, and Outcomes
13. End-of-life issues: suicide prevention, hospice care, the issue of assisted death,
14. Final quiz; "Wild Strawberries" (Bergman, 91 minutes, overview of life)
15. Aging in Contemporary Taiwan 1: Student presentations
16. Aging in Contemporary Taiwan 2: Student presentations
17. Final Class discussion; "Amour" (Haneke, 127 min, death) Final papers due.
18. Holiday according to school calendar

Text 1: Geriatric Psychiatry: A Case-Based Textbook, Ana Hategan, et al., eds. Springer 2018 (skipping some of the case studies)

Text 2: Principles and practice of geriatric psychiatry, 3rd ed. Mohammed T. Abou-Saleh, Cornelius Katona, Anand Kumar eds, Wiley-Blackwell. 2011

Text 3: Oxford Textbook of Old Age Psychiatry, ed. 2. Tom Dening, Alan Thomas, eds., Oxford University Press, 2013.

Text 4: 即使忘了全世界，還是愛著你：第一本從失智母親視角，寫給自己、兒女、人生的生命之書。譯者：盧相如。出版社：三采，2019. (Translation of Somebody I Used to Know by Wendy Mitchell with Anna Wharton). A clear and inspirational narrative by a woman about her experience developing and living with dementia; 15 short chapters, one per week.)

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）

Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

<p>Lectures (Chinese/English) are followed by small discussion groups, with results posted online.</p> <p>There will be weekly reading assignments with required online homework assignments due prior to class. A narrative book in Chinese translation will be read weekly and discussed in class.</p> <p>There will be short tests in place of exams.</p> <p>Students will select an elderly person to interview individually or in pairs, and give an oral report on how course content relates to this individual relates.</p> <p>A final written paper will tie together the readings, lectures, interviews and movies.</p>
<p>課程要求和教學方式之建議</p> <p>Course Requirements and Suggested Teaching Methods</p>
<p>其他</p> <p>Miscellaneous</p>