



## 課 綱 Course Outline

### 諮商與臨床心理學系學士班

中文課程名稱 Course Name in Chinese	生涯諮商與實務				
英文課程名稱 Course Name in English	Career Counseling and Practice				
科目代碼 Course Code	CP__31000	班 別 Degree	學士班 Bachelor' s		
修別 Type	學程 Program	學分數 Credit(s)	3.0	時 數 Hour(s)	3.0
先修課程 Prerequisite					
課程目標 Course Objectives					
一、介紹各種生涯輔導之相關理論及技術。 二、以自我生涯探索為重點，體驗及應用生涯輔導之理論及技術。 三、透過教學活動，增進學生對生涯輔導的興趣					
系教育目標 Dept.'s Education Objectives					
1	培養人文與科學並重的心理學基礎知識，進而活化應用並解決問題 The department will train students to have a basic knowledge of psychology both in the humanities and the sciences; students will be able to apply their knowledge critically				
2	儲備助人的心理專業人力，並培養持續進修的人才，養成終身學習態度 The department will focus professional training as well as lifetime education.				
3	以學生的表現能力為核心，提升社會服務與公民實踐的涵養。 The department will focus on the students' ability to communicate and will promote their ability to provide social services				
4	拓展多元文化與國際視野，促進人類社會的尊重與合作 The department will help students to expand their global and multicultural thinking.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.'s Education Objectives	
A	應用專業知能瞭解現象與問題解決的基本能力。 Students should be able to apply their professional abilities to understand situations arising during the course of their work as well as to solve problems.			●	

B	公民關懷與倫理思考的能力。 Students should develop their social awareness and ethical thinking.	●
C	生涯規劃與自我發展的能力。 Students should be able to plan their professional and academic endeavors.	●
D	傾聽、統整與溝通合作的能力。 Students should have the ability to integrate their thoughts and disseminate them.	●
E	正向與創新的能力。 Students should have the ability to innovate and to do critical thinking.	●

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

### 課程大綱 Course Outline

這一門課主要重點在生涯探索，透過生涯的自我探索，瞭解生涯諮商的理論與技巧。這門課規劃有幾個不同取向的生涯諮商理論，每個生涯諮商的取向都有一個或一組的生涯體驗活動，學生完成這些體驗活動後將結果彙整成生涯檔案夾。此外，這門課亦安排有跨界跨域的非典型青壯年生涯實踐之故事分享會，以及創意生涯會的分組報告，讓學生不僅學習傳統的生涯理論，亦學習到二十一世紀的青年如何做實踐生涯風格。

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）  
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

### 課程要求和教學方式之建議 Course Requirements and Suggested Teaching Methods

### 其他 Miscellaneous