



課 綱 Course Outline

體育與運動科學系學士班

中文課程名稱 Course Name in Chinese	舞蹈				
英文課程名稱 Course Name in English	Dance				
科目代碼 Course Code	PE__23230	班 別 Degree	學士班 Bachelor' s		
修別 Type	學程 Program	學分數 Credit(s)	1.0	時 數 Hour(s)	2.0
先修課程 Prerequisite					
課程目標 Course Objectives					
1、瞭解國小教材的種類及時性。 2、培養國小教師舞蹈教學能力。 3、透過舞蹈教學認識各國土風舞教學。 4、芭蕾舞、現代舞動作學習及創作的培養。 5、培育稱職、負責、自發、自省之體育專業教師。					
系教育目標 Dept.'s Education Objectives					
1	培養兼具人文與科學素養的優質體育師資。 To cultivate high-quality physical education teachers with both humanistic and scientific literacy.				
2	培養專業化之運動科研人才。 To cultivate specialized professionals in sports science research.				
3	培養運動與健康促進之專業人才。 To cultivate professionals in sports and health promotion.				
系專業能力 Basic Learning Outcomes				課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.'s Education Objectives	
A	具備體育教學的專業知識與能力。 To possess professional knowledge and competencies in physical education teaching.			●	
B	具備運動技能示範與指導的專業知識與能力。 To possess professional knowledge and competencies in demonstrating and instructing sports skills.			●	

C	具備健康體適能、運動處方及運動傷害處置的專業知能。 To possess professional knowledge in health-related physical fitness, exercise prescription, and sports injury management.	●
D	具備運動科學研究的理論知識。 To possess theoretical knowledge in sports science research.	○
E	具備專項運動訓練的知識與實務經驗。 To possess knowledge and practical experience in specialized sports training.	●
F	具備體育行政與運動管理的能力。 To possess competencies in physical education administration and sports management.	○
G	具備休閒運動規劃與行銷的能力。 To possess competencies in recreational sports planning and marketing.	○

圖示說明Illustration：● 高度相關 Highly correlated ○ 中度相關 Moderately correlated

課程大綱
Course Outline

- 1、各類舞姿和舞步介紹
- 2、舞蹈的基本動作學習
- 3、各種舞蹈的節奏介紹
- 4、運動舞蹈動作學習

資源需求評估（師資專長之聘任、儀器設備的配合．．．等）
Resources Required (e.g. qualifications and expertise, instrument and equipment, etc.)

課程要求和教學方式之建議
Course Requirements and Suggested Teaching Methods

- 1、教學講解、示範、影片欣賞
- 2、舞蹈動作學習及練習
- 3、分組表演及統整

其他
Miscellaneous