Please consult Intellectual Property Rights before making a photocopy. Please use the textbook of copyrighted edition.

# ②國玄東華大學

# 教學計劃表 Syllabus

課程名稱(中文) Course Name in Chinese	老人心理學			學年/學期 Academic Year/Se	114/1		
課程名稱(英文) Course Name in English	An Introduction to Geriatric Psychology						
科目代碼 Course Code	CP23400	系級 Department 學二 C & Year		開課單位 Course-Offering Department	諮商與臨床心理學系		
修別 Type	學程 Program	學分數/時 Credit(s)/Hou		3.0/3.0			
授課教師 Instructor	/貝克定						
先修課程 Prerequisite							

## 課程描述 Course Description

Lectures (in English) are followed by small discussion groups, with your discussion results posted on the class Line group.

There will be weekly reading assignments with required online homework assignments due prior to class. A narrative book in Chinese translation will be read weekly and discussed in class. There will be two short tests in place of exams.

Students will select an elderly or couple to interview individually or in pairs, and give an oral report on how course content relates to this individual relates.

A final written paper will tie together the readings, lectures, interviews and movies.

All written assignments must be submitted to e學院, preferably in Word.

Any questions about the course are best sent to e學院.

### 課程目標 Course Objectives

Help students understand the mutual interactions between physical, neurological, social and emotional aspects of old age, and generally point to how these interactions can be evaluated and addressed.

	系專業能力 Basic Learning Outcomes	課程目標與系專業能 力相關性 Correlation between Course Objectives and Dept.'s Education Objectives
A	應用專業知能瞭解現象與問題解決的基本能力。Students should be able to apply their professional abilities to understand situations arising during the course of their work as well as to solve problems.	•
В	公民關懷與倫理思考的能力。Students should develop their social awareness and ethical thinking.	•
С	生涯規劃與自我發展的能力。Students should be able to plan their professional and academic endeavors.	•
D	傾聽、統整與溝通合作的能力。Students should have the ability to integrate their thoughts and disseminate them.	0
Е	正向與創新的能力。Students should have the ability to innovate and to do critical thinking.	0

圖示說明Illustration :● 高度相關 Highly correlated ○中度相關 Moderately correlated

# 授課進度表 Teaching Schedule & Content

週次Week	內容 Subject/Topics	備註Remarks
1	9/11 Introduction On Golden Pond	

2	9/18	
	Social Factors	
9	9/25	
3	Physical	
4	10/02	
4	Physical	
	10/09	
5	Mini-midterm	
	Movie	
C	10/16	
6	Depression and Anxiety	
7	10/23	
7	Other disorders	
0	10/30	
8	Dementias	
	11/6 期中考試週 Midterm Exam Week	
9	Minimidterm 2	
	Movie	
10	11/13	
10	Elderly Psychotherapy	
1.1	11/20	
11	Depression and Anxiety	
12	11/27	
12	Paranoia and Ethics	
13	12/4	
10	Mini-midterm 3 Group Presentations	
14	12/11	
14	Group Presentations	
	12/18	
15	Mini-midterm	
	Final movie	
16	12/25 Christmas holiday	
10	12/26 Final papers due	
17	1/01 New Year's holiday	
1.0	<u> </u>	
18	期末考試週 Final Exam Week	

教學策略 Teaching Strategies
課堂講授 Lecture
其他Miscellaneous:
教 學 創 新 自 評 Teaching Self-Evaluation
創新教學(Innovative Teaching)
問題導向學習(PBL) 團體合作學習(TBL) 解決導向學習(SBL)
翻轉教室 Flipped Classroom
社會責任(Social Responsibility)
□ 在地實踐Community Practice □ 產學合作 Industy-Academia Cooperation
跨域合作(Transdisciplinary Projects)
■ 跨界教學Transdisciplinary Teaching ■ 跨院系教學Inter-collegiate Teaching
□ 業師合授 Courses Co-taught with Industry Practitioners
其它 other: All reading materials will be provided in digital format, organized according to the weekly schedule

學期成績計算及多元評量方式 Grading & Assessments									
配分項目 配分比例					多元評量方式 Assessments				
Items	Percentage	測驗 會考	實作 觀察	口頭 發表	專題 研究	創作 展演	卷宗 評量	證照 檢定	其他
平時成績(含出鉄席) General Performance (Attendance Record)									
期中考成績 Midterm Exam									
期末考成績 Final Exam									
作業成績 Homework and/or Assignments									
其他 Miscellaneous									

# 評量方式補充說明

Grading & Assessments Supplemental instructions

- 15% Quiz grades
- 25% Homework submissions
- 10% Group discussions
- 20% Group reports on an elderly person.
- 30% Final paper tying together the readings, the movies and the person they spoke with

# 教科書與參考書目(書名、作者、書局、代理商、說明)

Textbook & Other References (Title, Author, Publisher, Agents, Remarks, etc.)

#### 課程大綱

Course Outline

- 1. 9/11 Introduction; CS-1; On Golden Pond" (109 min, multi-generational interact.)
- 2. 9/18 Sociology of Aging; Text 3 Ch 3
- 3. 9/25 Neuro-Physical changes (Text 1 Ch. 1: Physiology and Pathology of Aging)
- 4. 10/02 Mood Text 4, Ch 4
- 5. 10/09 First quiz; watch "Ikiru" (Kurusawa, 143 min, positive change late in life)
- 6. 10/16 Cognitive Text 4 Ch 3 7. 10/23 Other Problems Text 4 Ch 5 Text 1: Ch 10 Late-life Depression
- 7. 10/23
- 8. 10/30 Quiz 1, "The Father", (experience of dementia)
- 9. 11/06 Interview 11/6 (mid-term exam week) Text 4 Ch 3
- 10. 11/13 Treatment Foundations Text 4 Ch 8;
- 11. 11/20 Treatment Depression Text 4 Ch 9
- 12. 11/27 Treatment Anxiety/Paranoia Text 4 Ch 10, 11
- 13. 12/04 Treatment Dementia Text 4 Ch 12

At-home caregiving Text 1: Ch 34: Caregiver Burnout, Ch. 35 Geriatric Telepsychiatry: Opportunities, Models, and Outcomes

- 14. 12/11 At-home caregiving Final quiz; Nebraska OR被遺忘的時光1:50 (Alzheimer's in Taiwan)
- 15. 12/18 Aging in Contemporary Taiwan 1: Student presentations
- 16. 12/25 Christmas holiday12/26 Final papers due
- 17. 01/01NewYears holiday.
- Text 1: Geriatric Psychiatry: A Case-Based Textbook, Ana Hategan, et al., eds. Springer 2018.
- Text 2: Principles and Practice of Geriatric Psychiatry, 3rd ed. Mohammed T. Abou-Saleh, Cornelius Katona, Anand Kumar eds, Wiley-Blackwell. 2011
- Text 3: Oxford Textbook of Old Age Psychiatry, ed. 2. Tom Dening, Alan Thomas, eds., Oxford University Press, 2013.
- Text 4: Mental Disorders in Older Adults, ed. 2, Steven Zarit, Judy Zarit, The Guilford Press, 2007.
- Text 5: 即使忘了全世界,還是愛著你:第一本從失智母親視角,寫給自己、兒女、人生的生命之書。譯者: 盧相如。出版社:三采 ,2019. (Translation of Somebody I Used to Know by Wendy Mitchell with Anna
- Wharton). A clear and inspirational narrative by a woman about her experience developing and living with dementia; 15 short chapters, one per week,)

課程教材網址(含線上教學資訊,教師個人網址請列位於本校內之網址)
Teaching Aids & Teacher's Website(Including online teaching information.
Personal website can be listed here.)
其他補充說明(Supplemental instructions)