

國立東華大學
教學計劃表 Syllabus

課程名稱(中文) Course Name in Chinese	當代休閒遊憩研究專題			學年/學期 Academic Year/Semester	115/1
課程名稱(英文) Course Name in English	Contemporary Issues on Leisure Research				
科目代碼 Course Code	BM_85550	系級 Department & Year	博士	開課單位 Course-Offering Department	企業管理學系
修別 Type	必修 Required	學分數/時間 Credit(s)/Hour(s)		3.0/3.0	
授課教師 Instructor	/陳麗如				
先修課程 Prerequisite					
課程描述 Course Description					
I. Course Description This doctoral-level course examines contemporary theories and issues in leisure and recreation research. Through critical reading, seminar discussion, and student-led presentations, students will explore diverse leisure experiences and behaviors and connect current scholarship with research and practice. II. Course Objectives - To understand major theories and contemporary issues in leisure and recreation research. - To critically examine diverse leisure experiences and behaviors across social, cultural, and environmental contexts. - To develop students' ability to evaluate research, lead scholarly discussions, and formulate research ideas in leisure and recreation.					
課程目標 Course Objectives					
探討近十年來對於休閒發展的趨勢與其對相關政策有何相關和影響。另探討休閒其對社會大眾生活品質與身心健康的影響					
系專業能力 Basic Learning Outcomes					課程目標與系專業能力相關性 Correlation between Course Objectives and Dept.' s Education Objectives
A	具備具有「深度遊憩體驗」經營與規劃的觀光休憩專業智能。Develop "deep recreation experience" of tourism and recreation management and planning knowledge.				○
B	具備具有「關懷社群健康」經營與規劃的觀光休憩專業智能。Develop "Caring for the Community Health" of tourism and recreation management and planning knowledge.				●
C	具備具有「強調資源永續」經營與規劃的觀光休憩專業智能。Develop "emphasis on sustainable resource" of tourism and recreation management and planning knowledge				●
D	具備多元邏輯思考、問題分析與解決之能力。Students will be able to identify, analyze and solve business problems with logical thinking				○
E	具備解析在地課題、掌握國際趨勢之專業素養。Having global perspectives on key issues in academia, research, industry, and government.				●
F	具備專業研究與教學能力Students will be able to conduct professional research and teaching.				●
圖示說明Illustration：● 高度相關 Highly correlated ○中度相關 Moderately correlated					
授課進度表 Teaching Schedule & Content					
週次Week	內容 Subject/Topics				備註Remarks

1	Course Orientation	
2	Course Consultation and Enrollment Confirmation	
3	Recreation and Well-Being	
4	Teachers' Day (Holiday)	
5	Cultural Diversity and Visitor Values	
6	Individual Research Consultation	
7	Leisure Motivation and Lifestyle	
8	Taiwan Retrocession Day (Holiday)	
9	Leisure Experience and Transformation	
10	Revisiting Leisure, Stress, and Emotional Health	
11	Leisure Adaptation in a Super-Aged Society	
12	Individual Research Consultation	
13	Individual Research Consultation	
14	Final research presentation I (as scheduled)	
15	Final research presentation II (as scheduled)	
16	Final research presentation III (as scheduled)	
17	Final Paper Revision Based on Feedback and Submission	

彈性 教學 規劃 Flexible Teaching Plan	請勾選(至少需勾選1 個項目): Please tick the box(es). (At least one item is required.): ☒ 問題討論 Problem-based Discussion ☐ 翻轉教學 Flipped Classroom ☐ 展演實作 Performance / Practical Presentation ☐ 校外參訪 Off-campus Visit ☐ 講座活動 Lecture / Seminar ☐ 線上作業 Online Assignments ☐ 自主學習 Self-directed Learning ☒ 課業輔導 Academic Support ☐ 實驗操作 Experiment Operation ☐ 遠距教學(同步) Distance Learning (Synchronous) ☐ 遠距教學(非同步) Distance Learning (Asynchronous) ☐ 其他(請填寫) Others (Please specify.): 備註: 本校學期週數自115 學年度起調整為17 週, 為符合1學分18 小時之原則, 請教師規劃安排彈性教學。 Note: From the 115th academic year, the semester will be 17 weeks. Please include flexible teaching activities to meet the required 18 hours per credit.
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教學策略 Teaching Strategies

- ☒ 課堂講授 Lecture ☒ 分組討論 Group Discussion ☐ 參觀實習 Field Trip
☐ 其他 Miscellaneous:

教學創新自評 Teaching Self-Evaluation

創新教學 (Innovative Teaching)

- ☒ 問題導向學習 (PBL) ☐ 團體合作學習 (TBL) ☐ 解決導向學習 (SBL)
☐ 翻轉教室 Flipped Classroom ☐ 磨課師 Moocs

社會責任 (Social Responsibility)

- ☐ 在地實踐 Community Practice ☐ 產學合作 Industry-Academia Cooperation

跨域合作 (Transdisciplinary Projects)

- ☐ 跨界教學 Transdisciplinary Teaching ☐ 跨院系教學 Inter-collegiate Teaching
☐ 業師合授 Courses Co-taught with Industry Practitioners

其它 other:

學期成績計算及多元評量方式 Grading & Assessments									
配分項目 Items	配分比例 Percentage	多元評量方式 Assessments							
		測驗 會考	實作 觀察	口頭 發表	專題 研究	創作 展演	卷宗 評量	證照 檢定	其他
平時成績(含出席) General Performance (Attendance Record)	20%			✓					Attendance and Seminar Participation
期中考成績 Midterm Exam									
期末考成績 Final Exam	30%				✓				Final Research Project
作業成績 Homework and/or Assignments	20%				✓				Critical Reflections
其他 Miscellaneous (Leading Discussions)	30%								
評量方式補充說明 Grading & Assessments Supplemental instructions 1. Attendance and Seminar Participation (20%) Assessment is based on attendance, preparation, active engagement with the readings, the quality of questions and responses, and constructive participation in seminar discussion. 2. Leading Discussions (30%) Doctoral students are required to lead three weekly topics, while master' s students are required to lead two topics. Each weekly topic will normally include two assigned papers. If only one student is assigned to lead that week, the student will lead the first paper. The detailed allocation of topics and papers will be finalized after course enrollment is confirmed. • For each assigned topic, the student will lead one paper for approximately 30 minutes and prepare two discussion questions. • The instructor will help facilitate the discussion. Presentation slides must be uploaded to the e-learning system by Sunday midnight before class. 3. Critical Reflections (20%) Each student is required to submit two critical reflections. Each reflection should be at least 500 words and emphasize critical thinking, personal insight, and connections to the student' s research interests rather than merely summarizing the readings. 4. Final Research Project (30%) The final research project consists of a written research concept paper (20%) and an oral presentation (10%). Students may select a course-related topic and develop a focused literature review, research question, conceptual direction, or preliminary study proposal. Students should revise their written papers based on peer and instructor feedback and submit the final version in Week 17. No class meeting will be held that week. • Written paper: 5-10 pages, excluding references; Times New Roman, 12-point font; APA 7th edition. • Literature: cite at least five peer-reviewed journal articles, preferably recent publications and including relevant SSCI-indexed journals where appropriate. • Suggested structure: title, introduction, focused literature review, research question or conceptual focus, proposed method, and future research direction or expected contribution. • Final research sharing will be scheduled during Weeks 14-16 based on course enrollment. Each presenter will be allocated approximately 60 minutes, including a 30-35-minute presentation followed by questions and feedback from the assigned peer reviewer, classmates, and the instructor.									
教科書與參考書目 (書名、作者、書局、代理商、說明) Textbook & Other References (Title, Author, Publisher, Agents, Remarks, etc.)									

Course Materials

There is no required textbook. Assigned readings will consist primarily of peer-reviewed journal articles selected according to the weekly topics. Core readings and additional course materials will be provided through the university e-learning system.

其他補充說明 (Supplemental instructions)

Class Procedures and Policies

- Language of instruction. Course presentations and seminar discussions will be conducted primarily in English.
- Attendance and participation. Students are expected to attend each scheduled class, complete the assigned readings, and contribute actively to seminar discussions.
- Discussion-oriented seminar. Students should come prepared to analyze arguments, compare theoretical perspectives, raise questions, and respond constructively to classmates.
- Course communication. The university e-learning system will be used for announcements, readings, presentation slides, reflections, and final submissions.
- Academic integrity. Students are responsible for understanding plagiarism and following appropriate academic practices in accordance with APA Style, 7th edition. Sources must be accurately acknowledged, and submitted work must demonstrate the student's own comprehension and analysis.
- Use of generative AI. Any use of generative AI must be disclosed, including the name of the AI tool and how it was used. Students remain fully responsible for the accuracy, originality, and integrity of all submitted work.
- Optional research consultations. During the designated consultation weeks, students may arrange an individual meeting with the relevant instructor. These consultations are optional, by appointment, and intended to connect course themes with the student's research interests and final project.